

LITTLE  
**BIG**  
LESSONS

Rick Hansen  
Foundation   
School Program

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FUTURE PROSPECTS

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# **ADAPTIVE TECHNOLOGY AND INCLUSIVE DESIGN**

**RECOMMENDED FOR GRADES 9–12**

## INTRODUCTION

People with disabilities participate in sports, arts, theatre, and culture. Adaptive technology and inclusive design are helping an increasing number of people with disabilities to participate in and enjoy all aspects of life.

## WATCH



**Video:** [\*We're the Superhumans\*](#) a commercial made for the 2016 Rio Paralympics.

## ACTIVITY

### Part 1

Think about the last time you went out to enjoy a sporting event, concert, play, movie, or visited an art gallery or museum. Imagine your experience from the perspective of a person with a vision, hearing, or mobility disability.

Write a description of what you need to enjoy the full experience of those activities. What features of those venues did you observe that would allow a person with a disability to enjoy them?

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## Part 2

Research a well-known performer (i.e. actor, musician, dancer, artist) or athlete who has a disability. Write a short biography of that person.

Explain how they became an artist or athlete despite the barriers they may have faced due to their disability.

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